



Born on December 17, 1973, in England, Paula Radcliffe is a legendary long-distance runner whose determination and endurance have etched her name in athletics history.

Radcliffe's passion for running began during her school days, where she quickly stood out for her natural talent.

As a teenager, she represented Great Britain in various international competitions, which prepared her for the incredible career that was to follow.

Known for her dominance in long-distance events, Radcliffe made history in the marathon.

In 2002, at the London Marathon, she set a world record with a jaw-dropping time of 2 hours, 15 minutes, and 25 seconds—a record that still stands to this day.

Her effortless stride and unwavering focus earned her the nickname "Marathon Queen."

Despite facing setbacks and injuries, Radcliffe's ability shone through.

Her determination reached its zenith at the 2005 London Marathon, where she battled cramps and stomach issues to claim victory, showcasing not just physical prowess but also mental fortitude.

Radcliffe's international success includes gold medals in the World Championships and the European Championships, solidifying her status as one of the greatest long-distance runners of all time.

Paula Radcliffe's journey serves as an inspiration for teenagers with dreams of conquering long distances or any challenging pursuit.

Her running shoes are proudly displayed on the wall at Carmarthen Athletic Rugby Club.